

NEW BEGINNINGS FOR LIFE, LLC

QUARTERLY NEWSLETTER

QUARTER 3, 2023
EDITION
JULY - SEPTEMBER

ELLEN'S CORNER

It seems like it was spring just yesterday, but they do say that time flies when you are having fun! With mini-golfing, bowling, and seasonal celebrations, this sure has been a fun-packed summer. We rounded out the season with a whole week at Camp Harkness, complete with overnight camping, a campfire night, and a cookout with the entire company! Thank you to all the staff who contributed their time and efforts to make Camp Harkness such a success this year! We couldn't have done it without each and every one of you.

We have some congratulations and some milestones to celebrate this quarter - congratulations to Andrew Dobkowski on his new job at Stop and Shop, and congratulations to Claire Humphrey, Ethan Dubiel, and Joshua Bates on their One Year Milestone working at Mohegan Sun! We are so proud of all of you and are impressed by your dedication and determination. We would also like to welcome Drew Tower to Rockland Farm! He is already a huge asset to the crew and everyone at the farm loves working with him.

We have a lot to look forward to this autumn season, with the Halloween Bash, the Thanksgiving Feast, and our Annual Christmas Extravaganza! With everyone pitching in, this fall season is sure to be one for the memory books! Have a great quarter everyone, and I look forward to celebrating more holidays and milestones with you all.

MUCH LOVE,
ELLEN



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EMPLOYEE AND INDIVIDUAL OF THE MONTH

August

Amber Tift - Since Amber started in 2022, she has been such an incredible asset to Rockland Farm! She is a dedicated and hard worker, and is always especially kind to the clients who work with her. She always has a smile on her face and a kind word for everyone she sees. Amber is always encouraging the clients she works with to go above and beyond, and the clients are constantly learning new tasks and perfecting old ones. All of the clients who work with her love her dearly and are so happy to join us in congratulating Amber on her achievement of Employee of the Month!

Jack Miner - Jack has worked at Rockland Farm for over a year now, and has shown awesome work ethic and willingness to learn. He enjoys being around the horses and enjoys working with his coworkers at the farm. He always has an interesting fact about Winnie the Pooh, Batman, or Scooby Doo, and his facts always brighten everybody's day! Jack is also a prankster, making his coworkers laugh every day with little pranks. Jack definitely knows how to keep the work day light and friendly, but knows when the work has to get done! Great job, Jack! We are so happy to have you at the farm and happy to have you as part of our New Beginnings family!

September

Thomas Simone - Thomas has been at New Beginnings for Life for almost a year and has improved his work ethic and his job performance greatly in that time. He has been more than willing to jump in and assist with covering shifts. He is helpful to his coworkers and has become a real team player. He shows a great deal of compassion to his residents. He has become an asset to the Main House Crew and to the NBFL family! We look forward to seeing Tom excel in the future!

Michael Evans - Michael is always ready with a laugh or a hug for anyone. He loves living with his friends and enjoys doing things with them every day. Michael continues to do a great job working delivering the mail during the week. He enjoys being helpful around the house when asked. He is such a great part of our New Beginnings family! Thank you for always being your awesome self!



WELCOME TO OUR NEW INDIVIDUALS!

Ricardo Cruz, Jr.
Matthew Francoueur
Drew Tower

WELCOME TO ALL OUR NEW STAFF!

Morgan Blinn
Latasha Forbes
Benjamin Lamptey
Dawn DeRico
Rhonda DeRenzo
Maureen Gebo
Rita McGary

Ian Humphrey
JeQuam McGhee
Rose Ortiz
Angela George
Trinity Duran
Whitney Betsey
Yendra Maldonado
Kelly Harris



INDIVIDUALS

October 1 Joe B.

October 22 Wendy E.

October 26 Brian C.

November 5 Jack M.

November 9 Drew T.

November 18 Alan G.

November 28 Jonathan N.

December 2 Andrew D.

December 15 Elana B.

December 15 Timothy C.

December 17 Joshua B.

October 4th Shalom M.

October 10th Amber T.

October 30th Benjamin L.

November 2nd Jared J.

November 11th Maureen G.

November 15th Morgan B.

November 21st Chynell H.

November 23rd Kiomary R.

November 24th Gabrielle A.

November 25th Kristin P.

December 1st Yahmika W.

December 6th Shakena J.

December 15th Leshawn W.

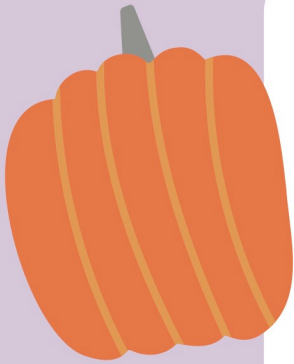
December 18th Roosevelt P.

STAFF

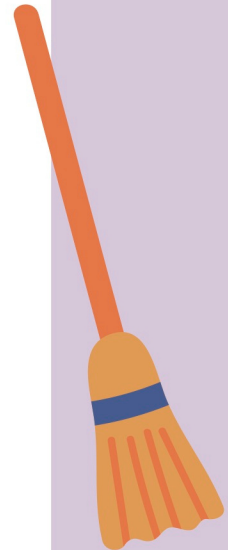


Autumn Word Search

Find the words from the box, hidden in the puzzle.
Every word is in there somewhere! (no diagonals!)



D	H	C	O	S	T	U	M	E	Q	U	I	S	Y	J
D	L	M	H	A	L	L	O	W	E	E	N	N	C	C
K	V	B	P	F	T	W	P	H	C	G	X	U	M	S
S	W	E	A	T	E	R	T	C	H	K	Z	G	P	C
S	O	C	K	S	G	L	U	O	I	M	P	G	U	A
D	M	C	P	V	V	A	R	Z	L	L	A	L	M	R
C	T	M	U	K	A	B	T	Y	L	P	N	E	A	F
A	F	J	M	O	X	O	L	P	Y	S	C	Q	P	A
N	Q	M	P	J	T	O	E	L	L	Q	A	P	L	L
D	Q	X	K	G	W	T	N	V	O	B	K	A	E	W
Y	L	J	I	Q	Z	S	E	C	K	N	E	Z	K	H
C	E	M	N	Q	C	H	C	I	J	L	S	C	A	F
I	A	C	O	M	F	Y	K	E	W	H	N	L	C	A
H	F	W	A	R	M	L	H	A	R	V	E	S	T	L
U	P	A	J	A	M	A	S	G	D	I	L	P	K	L



turtleneck
snuggle
harvest
maple
warm

pancakes
pumpkin
chilly
comfy
leaf

sweater
costume
socks
boots
cozy

halloween
pajamas
scarf
candy
fall





ASK Self-Advocacy!



Every month, the members of the Self-Advocacy Group gets together and talks about important topics that have impacted them recently. This quarter, the topic is Winter Safety! Self-Advocacy Group has received a letter that they were able to answer in their time together this quarter! Let's see what they had to say!

Dear Self Advocacy,

Winter is fast approaching and I'm ready to watch the snow, but I'm not sure I'm ready for everything else that comes with winter! What are some things I can do to be prepared for the cold weather?

Sincerely,
Winter is Coming

Dear Winter is Coming,

Winter is definitely a beautiful time of year, but can also be one of the most dangerous times of year if you are not careful! We chatted about some of the dangers of winter, and here are some things you can do in the fall to prepare yourself and your home for the chilly winter months.

One of the first things you can do is make sure you have a good winter coat and a sturdy pair of winter boots with good tread on the bottom. As cute as boots like Uggs can look, they are very dangerous to wear when walking on the ice and the snow because they have no rubber sole on the bottom! Boots with a rubber bottom are much safer. Think of winter boots as like tires for your feet! The better the rubber pattern on the bottom, the more stable you will be when walking on ice and snow.

Another thing you can do around the outside of your house is to make sure you are putting salt and sand on your walking paths. The salt will help melt any ice, and the salt will add more traction so your nice winter boots have an easier time staying steady under your feet. It's also important to not let the snow and ice build up on your walkways. If you need help removing the snow and ice, you can always ask a friend to help you get up as much as you can. And then, when you're done shoveling all the snow and ice away, you can invite your friend in for a nice hot cup of cocoa with marshmallows to warm up!

One of the most important things to remember in the winter is to make sure you are drinking enough water while you are working outside. Getting dehydrated is just as dangerous in the winter as it is in the summer! Make sure to bring a water bottle outside with you so you are staying hydrated while you get rid of the ice and snow!

Stay warm and hydrated out there, everyone, and have a happy and safe winter season!

Much Love,
Self-Advocacy